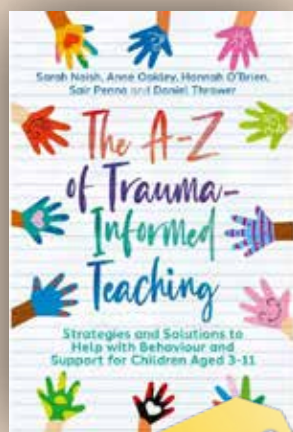


RESOURCE BOOKS



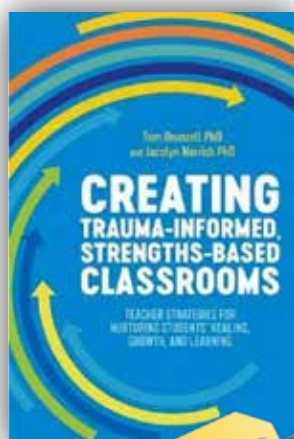
Trauma informed Practice



\$55

The A-Z of Trauma Informed Teaching

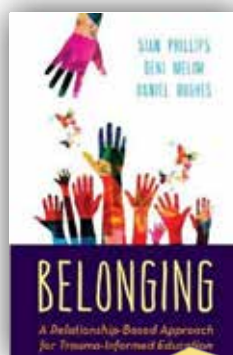
'I can barely keep my head above What does trauma-informed teaching really look like in the classroom, and can we really achieve it? Maybe you, like many other teachers, will reach the end of a busy day feeling exhausted, deskilled and less than keen to dive into a book on the theory of trauma. Luckily you won't find any complex theory or jargon in this book, but you will gain an understanding of how small humans develop, how perplexing behaviours can be explained and learn inclusive strategies that will help all children in your classroom and school.



\$55

Creating Trauma Informed Strength-Based Classrooms

Trauma-informed, strengths-based classrooms are built upon three core aims: to support children to build their self-regulatory capacities, to build a sense of relatedness and belonging at school, and to integrate wellbeing principles that nurture growth and identify strengths.



\$70

Belonging

This book focuses on three important and comprehensive areas of theory and research that provide a theoretical, clinical, and integrated intervention model for developing the relationships and felt sense of safety children with developmental trauma need. Using what is known from attachment theory, intersubjectivity theory, and interpersonal neurobiology, the reader is helped to understand why children behave in the challenging ways they do.

**nurture growth
and identify
strengths**

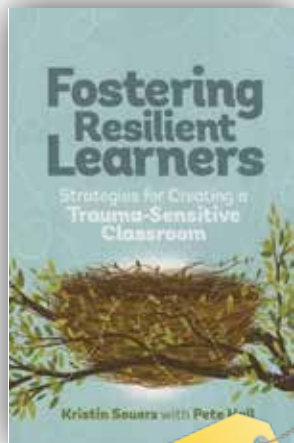


\$40

Distressed or Deliberately Defiant?

It is not unusual for educators today, whether in the early childhood, primary or secondary sectors, to be confronted with severely challenging student behaviour – students who fly into unexplained violent and oppositional outbursts with little warning; who respond poorly to tried-and-true behaviour management processes.

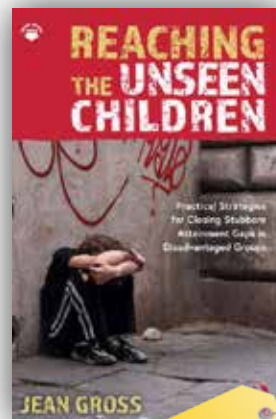
Trauma informed Practice



\$55

Fostering Resilient Learners

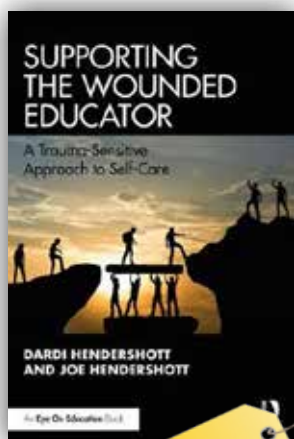
Grounded in research and the authors' experience working with trauma-affected students and their teachers, *Fostering Resilient Learners* will help you cultivate a trauma-sensitive learning environment for students across all content areas, year levels and educational settings.



\$55

Reaching the Unseen Children

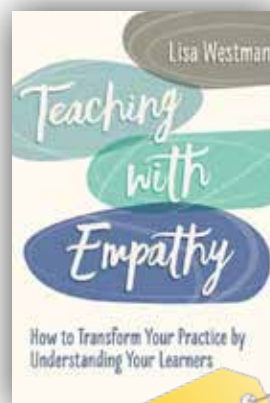
Practical Strategies for Closing Stubborn Attainment Gaps in Disadvantaged Groups
Providing practical, evidence-based strategies and case studies of schools with outstanding practice, this an essential guide for anyone working in education who is seeking equity for all their pupils.



\$68

Supporting the Wounded Educator

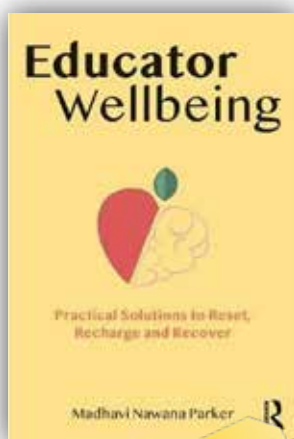
Taking a trauma-sensitive approach, this important resource will help you navigate the pressures of being an educator, whether you entered into your profession carrying wounds with you, have felt wounded from your work environment, or you are simply someone trying to support others. Packed with doable strategies and suggestions for personal and professional self-care, this book will help you discover a personal journey towards holistic health, job satisfaction, and most importantly, hope!



\$55

Teaching with Empathy

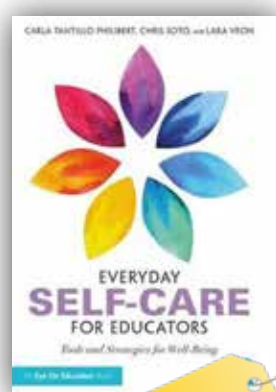
In *Teaching with Empathy*, Lisa Westman explores three types of empathy—affektive, cognitive, and behavioural—and clarifies how they intertwine with curriculum, learning environment, equity practices, instruction and assessment, and grading and reporting.



\$46

Educator Wellbeing

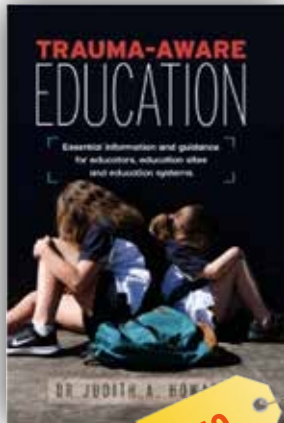
This book is a relatable and practical read for teachers to build tools for life, bringing their wellbeing to the forefront. It provides a toolbox of preventative and responsive strategies to help Educators look after their wellbeing so they can continue with supporting their students.



\$50

Everyday Self-Care for Educators

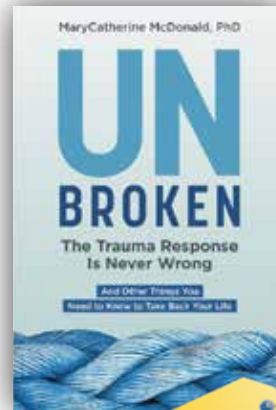
If you're an educator experiencing burnout, compassion fatigue, or vicarious trauma, this book will help you embrace tangible self-care practices to improve your well-being both in and out of the classroom. Using the framework of the "window of capacity"—the zone of the nervous system arousal in which a person is able to function most effectively—the authors illustrate not only "the why" of self-care, but also "the how."



\$50

Trauma-Aware Education

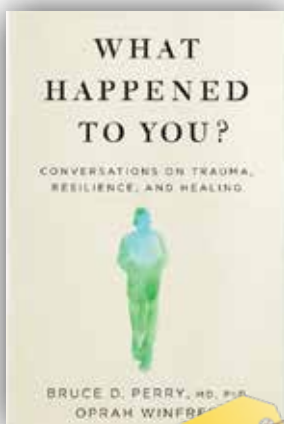
This book assists educators from an individual and system perspective in developing trauma-aware education frameworks to enable learners and educators to avoid the devastating effects of complex trauma on mental health. It examines and discusses the impacts of complex and other trauma on learners and how trauma-aware education provides an informed approach to remedy these concerns.



\$36

Unbroken: The Trauma Response Is Never Wrong

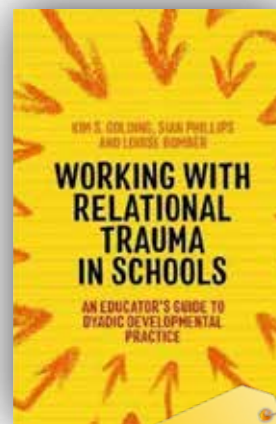
This book overturns the misconceptions about trauma with the latest evidence from neuroscience and psychology—and shares tested practices and tools to help you work with your body's coping mechanisms to accelerate healing.



\$36

What Happened to You?

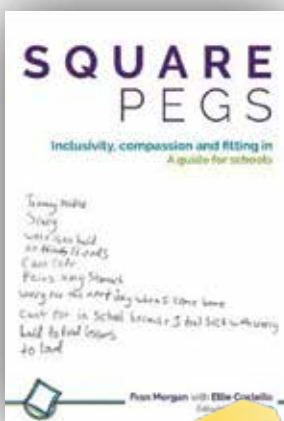
Many of us experience adversity and trauma during childhood that has lasting impact on our physical and emotional health. And as we're beginning to understand, we are more sensitive to developmental trauma as children than we are as adults. 'What happened to us' in childhood is a powerful predictor of our risk for physical and mental health problems down the road, and offers scientific insights in to the patterns of behaviours so many struggle to understand.



\$70

Working with Relational Trauma in Schools

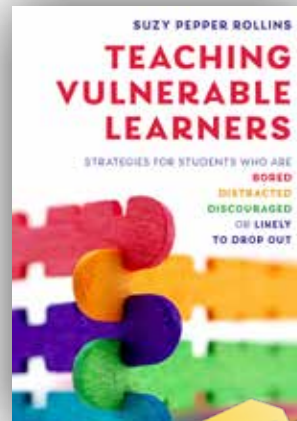
Written by experienced clinicians, this book provides an exploration of how educators can easily use Dyadic Developmental Practice (DDP) to help vulnerable pupils to thrive. DDP is an intervention model for children and young people who have experienced trauma in past relationships. Safety and security is increased through offering emotional connection in a variety of ways, helped by the attitude of PACE (playfulness, acceptance, curiosity and empathy).



\$65

Square Pegs

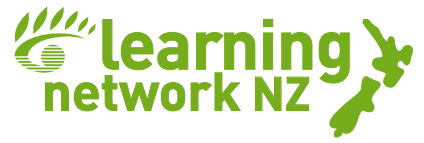
This book will be invaluable in guiding leaders and teaching staff through the most effective ways to address the challenge for those children who don't 'fit' the system. It covers a broad spectrum of opportunity, from proven psychological approaches to technological innovations.



\$50

Teaching Vulnerable Learners

Using What Works, Ditching What Doesn't – Strategies for Students Who are Bored, Distracted, Discouraged or Likely to Drop Out. When schools fail to address the problems of struggling students, the consequences can be dire: course failures, absenteeism, suspensions or expulsions, dropouts.



Goods taken:

Goods to be delivered to:

Name:

School:

Address:

Suburb:

Country:

Phone:

MasterCard ☐ Visa ☐

Card #:

Name on card:

Delivery address:

Signature:

Invoice School:

Purchase Order #:

Postcode:

Email:

Expiry date:

Signature:

Prices and availability are subject to change without prior notice. All orders are subject to freight costs.

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